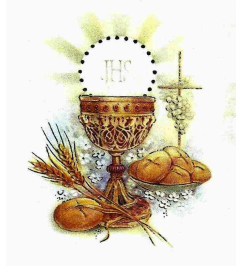


IMPORTANT INFORMATION
FIRST HOLY EUCHARIST
St. Joseph the Worker Parish



The Eucharist is the greatest gift that Jesus gave to us – the gift of Himself. The *Catechism of the Catholic Church* states that, “the principle fruit to receiving the Eucharist in Holy Communion is an intimate union with Christ Jesus.” The best preparation for the Eucharist is taking your child to Mass regularly and helping your child understand what Mass is all about.

First Holy Eucharist Rehearsal: *Wednesday, April 30, 2025 at 6:00-7:30 PM*
CHILDREN ONLY. Drop off at the Parish Center Door. Dismissal from the Church.

First Holy Eucharist: *Saturday, May 3, 2025 at 10:30AM*

Students must arrive at the Parish Center at 10:00 am. Drop off at the door. Parents may not enter the Parish Center for drop off. Student procession into Church will occur at 10:15am. The ceremony is approximately 1½ hour.

WHAT TO WEAR:

Girls: White dresses, with white shoes, white anklets or white tights. NO purses, NO gloves, NO jewelry, NO flowers for the Mass. Flowers may be worn in the hair as part of a veil.

Boys: A dark suit, or dark sports coat and slacks with a tie. Dress shoes should be worn (NO sneakers please).

ALTAR SERVERS: If there is an older sibling who is an altar server and would like to serve, please notify the Religious Education office with a note as soon as possible.

Please note: Students should wear their First Communion clothes when they attend Mass on Sunday, May 4th.